

Amendments to the claims:

This listing of claims will replace all prior versions and listing of claims in the application:

LISTING OF CLAIMS**What is claimed is:**

1. (currently amended) A melt extrusion spinneret plate having at least one capillary orifice for producing at least a single filament of circular cross sectional shape, said orifice having a perimeter of non-circular cross sectional shape,
a perimeter measure p_c , and
an extrusion area, wherein,
said perimeter measure, p_c , is greater than either of: $2\pi R$ and $2\pi r$,
and further wherein, said extrusion area is greater than πr^2 and less than πR^2 ,
and further wherein, r is the radius of the largest circle inscribed by the orifice perimeter,
and R is the radius of the largest circle circumscribing the orifice perimeter; and wherein
the orifice has a cross-sectional area substantially the same as that area of a circular cross-section spinneret capillary having a radius R .
2. (currently amended) The melt extrusion spinneret plate according to Claim 1, wherein
said perimeter measure, p_c , is about 2 to about 10 times greater than either of $2\pi R$ and $2\pi r$.
3. (currently amended) The melt extrusion spinneret plate according to Claim 1, wherein
the orifice has about 5 to about 12 radially arranged legs.

4-12 (canceled)